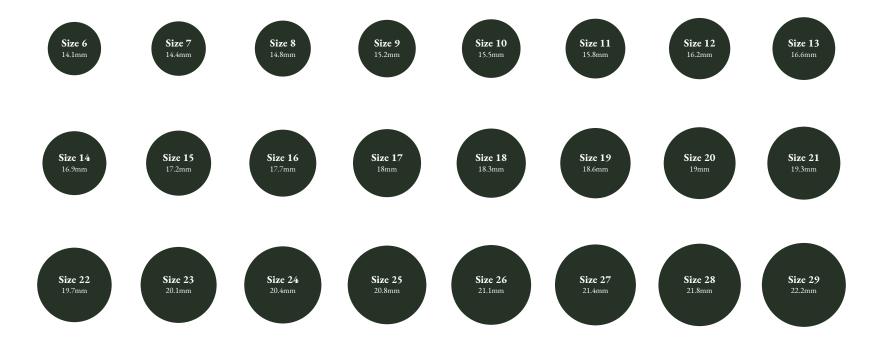


ESTD. 2019

## How to Measure Your Ring Size

Method 1: Use Your Existing Ring



## INSTRUCTIONS

Select an existing ring that you love and fits you nicely. Place the ring over each circle, find the circle which aligns to the inside of the ring. If you are between two sizes, we recommend you to choose the larger size.

Remember to print this guide at 100%.



ESTD. 2019

## How to Measure Your Ring Size

Method 2: Measure Your Finger

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1.	Cut out the strip of paper below. Alternatively, use a white string.

- 2. Wrap the strip around your ring finger and use a pen to mark where it forms a circle.
- strip of paper; this is the circumference.



3. Use a ruler to measure the length of the

4.	Convert the measurement of the circumference
	into ring size using the table below.

Circumference	Ring
(mm)	Size
46.1	6
46.8	7
48	8
49.3	9
50.6	10
51.9	11
52.5	12
53.1	13
54.4	14
55.7	15
57	16
58.3	17
59.5	18
60.8	19
62.1	20
62.7	21
63.4	22
64.6	23
65.9	24
67.2	25
68.5	26
69.7	27
70.9	28
72.1	29