## EST. 2019

How to Measure Your Ring Size
Method 1: Use Your Existing Ring


INSTRUCTIONS
Select an existing ring that you love and fits you nicely. Place the ring over each circle, find the circle which aligns to the inside of the ring. If you are between two sizes, we recommend you to choose the larger size. Remember to print this guide at $100 \%$.

## How to Measure Your Ring Size

Method 2: Measure Your Finger

INSTRUCTIONS

1. Cut out the strip of paper below. Alternatively, use a white string.
2. Wrap the strip around your ring finger and
use a pen to mark where it forms a circle.
3. Use a ruler to measure the length of the
strip of paper; this is the circumference.

4. Convert the measurement of the circumference into ring size using the table below.

| Circumference <br> $(\mathrm{mm})$ | Ring <br> Size |
| :---: | :---: |
| 46.1 | 6 |
| 46.8 | 7 |
| 48 | 8 |
| 49.3 | 9 |
| 50.6 | 10 |
| 51.9 | 11 |
| 52.5 | 12 |
| 53.1 | 13 |
| 54.4 | 14 |
| 55.7 | 15 |
| 57 | 16 |
| 58.3 | 17 |
| 59.5 | 18 |
| 60.8 | 19 |
| 62.1 | 20 |
| 62.7 | 21 |
| 63.4 | 22 |
| 64.6 | 23 |
| 65.9 | 24 |
| 67.2 | 25 |
| 68.5 | 26 |
| 69.7 | 27 |
| 70.9 | 28 |
| 72.1 | 29 |

